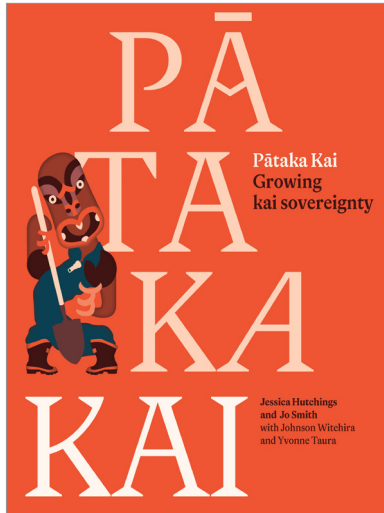


Pātaka Kai

Growing kai sovereignty

JESSICA HUTCHINGS AND JO SMITH



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FOOD FOR HOPE AND WELLBEING

We face a biodiversity crisis and a climate meltdown. Our food systems are broken, our soils are depleted and our seeds are owned by global corporations. Meanwhile colonial capitalism dictates the mainstream response to these crises, drowning out Indigenous perspectives and solutions, yet Indigenous practices and understandings of kai (food) offer important pathways to ensuring ecological, cultural and socio-economic sustainability as well as greater connection to kai in our everyday lives.

This book salutes Indigenous food heroes from across Aotearoa and neighbouring islands in Te Moana-nui-a-Kiwa who take a holistic approach that considers the interconnectedness of people, land and food. Their inspiring stories show how change begins locally and on a small scale.

Written by verified hua parakore farmers, activists, Indigenous researchers and Indigenous food sovereignty leaders Jessica Hutchings and Jo Smith, *Pātaka Kai* encourages a return to Indigenous values and practices to achieve kai sovereignty and wellbeing for Mother Earth and her people.

ABOUT THE AUTHORS

Dr Jessica Hutchings (Ngāi Tahu, Ngāti Huirapa, Gujarati) is a research leader, author, activist and hua parakore grower who lives on a small whānau farm north of Te Whanganui-a-Tara, Wellington. She is an active member of Te Waka Kai Ora (National Māori Organics Authority) and holds a PhD in Environmental Studies. She leads and supports Kaupapa Māori research to deliver transformation across diverse Māori communities. She is the author of *Te Mahi Māra Hua Parakore: a Māori Food Sovereignty Handbook* (2016) and, with Jenny Lee-Morgan, *Decolonisation in Aotearoa: Education, Research and Practice* (2016). She has also co-edited, with Jo Smith, *Te Mahi Oneone Hua Parakore: A Māori Soil Sovereignty and Wellbeing Handbook* (2020) and, with Jo Smith and Fiona Cram, *Kāinga Tahī, Kāinga Rua: Māori Housing Realities and Aspirations* (2022).

Dr Jo Smith (Waitaha, Kāti Māmoe, Kāi Tahu) is a senior kairangahau Māori for Papahakaritorito Charitable Trust and works part-time at Te Herenga Waka. She has a PhD in Film and Media Studies and is the author of *Māori Television: the first ten years* (2016) and co-editor, with Jessica Hutchings, of *Te Mahi Oneone Hua Parakore: A Māori Soil Sovereignty and Wellbeing Handbook* (2020) and *Kāinga Tahī, Kāinga Rua: Māori Housing Realities and Aspirations* (2022) co-edited with Jessica Hutchings and Fiona Cram.

SALES POINTS

- Well known and expert authors
- Taps into a growing interest in sustainable growing and Matauranga Māori
- Inspirational stories

